SOFTLY SAY FARAH ALWUGAYAN

softly say yes to your truth ves to your many roses yes to your scent that levitates yes to your thorns yes to the evolution of soft souls softer to softest they're not in my stomach the three butterflies that died and I'm just crazy I feed off of nonsense so pass my your questions I Moor into nothing just the spinning spinning moon that's always distant and timingly present with an indefinite presence my brain naturally divides pros and cons pros/cons hero/con villain/villain/human and gets lost in the in-betweens

I woke up to fires raging in the woods the trees wailing in red I hear their SOS and the world is just reposting on Instagram the skies cry in pain and the sea levels are rising mother earth is depressed sinking in Venice in neglect I'm sure she wonders like a lonely soul "how can this many friends occupy my space and I still feel this empty" you see mother earth and I are the same sometimes sometimes I sit in a room full of people and I float in a vortex going and no one notices

One Monday I got the news
that my sensitive friend
killed himself
I could hear him say
"everything got too much"
last week Australia's woods were saying
this is all too much
I woke up to the world already set on fire
to wars threats
to my friends
still revolting in Lebanon
to corruption chewing up hope

I pressed my cheeks
to my pillow
and found a moment of comfort
in my closing eyes
my heart longs for our co-existence
I prayed 5 times today because this week I truly believe in freedom

I do not mean to be a coward
I'm still fearless in fear
even though everyone's hurt
is queuing in my heart
I spent all my life
trying to avoid the news
and here I am
at the forefront of this panoramic view of humanity

Here on my way to Berlin
an Uber driver told me
her name is Kobra
with a K.
in Persian
it means a woman with a big heart
maybe I am a Kobra
maybe my venom is love
maybe its venom because
many lack empathy
because love today
is equivalent to the number
of likes on an Instagram post
because no one is following their heart
just following their influencers

every morning I say: it is safe to love out loud to reassure the light peeping from my heart

My tears have been swelling up at the footages I'm receiving on WhatsApp of love and unity in Lebanon of this burst of "enough!" and dance for freedom

Braver that I am
Mother Earth practices freedom of speech
even when the politicians say nothing
nature is its moderator
the unviewable emotions
negated by her motions
she engulfs us
to empathize
to feel her feelings
I am like mother earth

1	think	of	loving	yo	ou	then	I	think	of	war
1		think			of		surrendering to			you
and		how								
might		take		away		all		my		strength
to			fight				а			war
that		could			destruct			the		world
and		take		you		away		from		me
even										though
the		econd	I		feel	y	ou	might		leave
the		econd	. 1			ye	ou	might		•

I wake up and set the whole world on fire

One winter
an astronaut snapped a portrait
of delicate earth
from space in 1970
naked and raw
called it *Blue Marble*Blue Marble
doesn't look the same
just bruised
and blue
and cold like marble

I confess to have had
a love affair with every city I touched
wind for feather fingers brushing against my skin
I get soaked in all of my truth
and make an identity out of its roots
all the plants become my friends
I carry the strangers names with me

Kobra, Urok, Yves, Clementine, Saeed

cities for wombs Mother Earth wraps me

in the folds of my neck

so please wake her up she swallowed the snooze button winter skipped fall summer rain was spiraling down the sun in her throat is burning a war of the seas and skies a craving for life versus a temptation to die a metaphysical jump with a physical leap of faith and a rebirthing death the poetry won't poem the silver on her waist --- a woman a moon of direction in her womb intuition won't poem let her dance let the poem sea or sky allow the decision choosing life forgiving the traces stretching the deserts I am with you in spirit what a feeling inviting the (you) aside me beside me still inside of me (in spirit) ode to this poetry to my inner tree rose base notes

yes to my thorns yes to the evolution of soft souls softer to softest ode to my poetry this epitome of me and when it's time and my soul ascends put a rose on my mouth one day is today I am here to stay as vulnerable as a tear to a smile as honest as my true mirror reflections (you are with me in spirit) I understand the duality of you and I here in spirit you move across my true reflection not my shadow but the smile when I smile in private Earth corners I hurt where it hurts you the most I am here today day one of the rebirth choosing life and ascending today the sky is clear the cloud jumped into the ocean and we journey as two souls across the deserts today we decide to love and stay.